



Vivekananda Vedanta Society of Chicago
Organizes a Spiritual Retreat
from August 22 to 24, 2025 at
Vivekananda Retreat, Ganges, MI with
Swami Ishatmananda
 Vivekananda Vedanta Society of Chicago

SEVEN QUESTIONS OF A SPIRITUAL SEEKER

August 22, Friday

Vesper Service

Dinner

Session 1: *Invocation and Introduction*

Who can ask spiritual questions?

August 23, Saturday

Japa and Meditation

Chanting from Gita & Suprabhatam

Breakfast & Personal Preparation

Session 2: *Spiritual Seeker's Questions 1 and 2*

Tea Break

Session 3: *Spiritual Seeker's Questions 3 and 4*

Lunch Break

Seva Yoga, Visit Shrine Trail, Museum, Library &

Personal Preparation

Session 4: *Spiritual Seeker's Questions 5 and 6*

Devotional Songs

Tea & Free Time

Arati & Meditation

Dinner followed by an outing by the lake

August 24, Sunday

Japa and Meditation

Chanting from Bhagavad Gita & Suprabhatam

Breakfast

Session 5: *Spiritual Seeker's Question 7 and Conclusions*

Tea Break

Sunday Service: *The Great Journey Backward*

Lunch

For Registration visit

chicagovedanta.org/ganges-retreat/

7 - 7.30 pm

7.30 - 8.30 pm

8.30 - 9.30 pm

6.00 - 7.30 am

7.30 - 8 am

8 - 9.30 am

9.30 - 10.30 am

10.30 - 11.30 am

11.30 - 12.30 am

12.30 - 2 pm

2 - 4 pm

4 - 5 pm

5 - 5.30 pm

5.30 - 7 pm

7 - 8 pm

8 pm

6.00 - 7.30 am

7.30 - 8 am

8 - 8.45 am

9 - 10.30 am

10.30 - 11 am

11 - 12 pm

12.30 - 1.30 pm